

Application Serial No.: 10/673,936
Amendment and Response to August 1, 2006 Non-Final Office Action

RECEIVED
CENTRAL FAX CENTER
NOV 01 2006

AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. – 8 (Canceled)

9. (Currently Amended) A skipping rope consisting of a length of flexible material with a handle swivellably mounted at each end thereof, wherein each handle is substantially T-shaped, and consists of an elongate portion attached to one end of the flexible material ~~rope~~ and a portion transverse thereto at its outer end, wherein the elongate portion extends between two digits, and wherein the transverse portion also has at least one surface with arcuate depressions placed to accommodate the user's fingers, and also has two sub-portions, one being of greater extent than the other, so that the handle is adapted to fit to a hand which is holding the handle by two fingers other than the second (middle) and third (ring) fingers.

10. (Currently Amended) A skipping rope ~~according to Claim 9~~ consisting of a length of flexible material with a handle swivellably mounted at each end thereof, wherein each handle is substantially T-shaped, and consists of an elongate portion attached to one end of the flexible material and a portion transverse thereto at its outer end, wherein the elongate portion extends between two digits, wherein the transverse portion also has at least one surface with arcuate depressions placed to accommodate the user's fingers, and also has two sub-portions, one being of greater extent than the other, so that the handle is adapted to fit to a hand which is holding the handle by two fingers other than the second (middle) and third (ring) fingers, and wherein the flexible material ~~rope~~ is attached to the elongate portion of each handle via a swivelling ball through which the end of the rope passes.

11. (Currently Amended) A skipping rope ~~according to Claim 10~~ consisting of a length of flexible material with a handle swivellably mounted at each end thereof, wherein each handle is substantially T-shaped, and consists of an elongate portion attached to one

Application Serial No.: 10/673,936
Amendment and Response to August 1, 2006 Non-Final Office Action

end of the flexible material and a portion transverse thereto at its outer end, wherein the elongate portion extends between two digits, wherein the transverse portion also has at least one surface with arcuate depressions placed to accommodate the user's fingers, and also has two sub-portions, on being of greater extent than the other, so that the handle is adapted to fit to a hand which is holding the handle by two fingers other than the second (middle) and third (ring) fingers, and wherein the elongate portion of each handle comprises a cup for receiving the ball and means to retain the ball within the cup.

12. (Currently Amended) ~~A skipping rope according to any of Claims 9 to 14~~
consisting of a length of flexible material with a handle swivellably mounted at each end thereof, wherein each handle is substantially T-shaped, and consists of an elongate portion attached to one end of the flexible material and a portion transverse thereto at its outer end, wherein the elongate portion extends between two digits, wherein the transverse portion also has at least one surface with arcuate depressions placed to accommodate the user's fingers, and also has two sub-portions, on being of greater extent than the other, so that the handle is adapted to fit to a hand which is holding the handle by two fingers other than the second (middle) and third (ring) fingers, and wherein the each handle is a unitary plastic molding.

13. – 16. (Canceled)